Role of Wildlife in The Transmission of Zoonotic Diseases in Ghana

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Article History

Received 10th August 2023
Received in Revised Form 1st September 2023
Accepted 9th September 2023

Abstract

Purpose: The aim of the study was to investigate the role of wildlife in the transmission of zoonotic diseases.

Methodology: This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low-cost advantage as compared to field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

Findings: This transmission often occurs at the interface between humans, domestic animals, and wildlife. Factors like habitat destruction, increased human-wildlife interactions, and the wildlife trade have heightened the risk of zoonotic disease emergence. Understanding these dynamics is crucial for early detection and prevention of zoonotic outbreaks, as wildlife plays a pivotal role in the maintenance and amplification of these pathogens, posing ongoing challenges to global public health.

Unique Contribution to Theory, Practice and Policy: One Health Theory, Ecological Reservoir Theory and Behavioral Ecology Theory Change may be used to anchor future studies on the role of wildlife in the transmission of zoonotic diseases. Strategies enhanced surveillance and monitoring of wildlife populations, especially those in close proximity to human settlements, are crucial. Governments and international organizations should prioritize habitat conservation and the protection of biodiversity.

Keywords: Wildlife, Transmission Zoonotic, Diseases

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INTRODUCTION

Zoonotic diseases are diseases that can be transmitted from animals to humans, and vice versa. They pose a significant threat to public health, especially in developing countries where people have close contact with animals and environmental conditions favor the spread of pathogens. Some examples of zoonotic diseases are rabies, anthrax, leptospirosis, brucellosis, and avian influenza. According to the UN report "Preventing the Next Pandemic: Zoonotic diseases and how to break the chain of transmission", zoonotic diseases are very common, both in the United States and around the world. Scientists estimate that more than 6 out of every 10 known infectious diseases in people can be spread from animals, and 3 out of every 4 new or emerging infectious diseases in people come from animals. The report identifies seven trends driving the increasing emergence of zoonotic diseases, including climate change, increased demand for animal protein, unsustainable farming practices, and wildlife trade. United Nations Environment Programme and International Livestock Research Institute. (2020)

One example of a zoonotic disease that has affected developed economies is COVID-19, which is caused by a novel coronavirus that is believed to have originated from bats and possibly passed through an intermediate animal host before infecting humans. The first cases of COVID-19 were reported in China in late 2019, and since then the disease has spread to more than 200 countries and territories, causing over 5 million deaths worldwide as of December 2021. The pandemic has had severe social and economic impacts, disrupting travel, trade, education, health care, and livelihoods (Zhou, 2020). Another example of a zoonotic disease that has affected developed economies is Lyme disease, which is caused by bacteria that are transmitted by ticks that feed on infected rodents and deer. The disease is endemic in temperate regions of North America, Europe, and Asia, where it causes symptoms such as fever, headache, rash, and arthritis. According to the CDC, about 300,000 cases of Lyme disease are reported each year in the United States. The disease can be treated with antibiotics if diagnosed early, but if left untreated it can cause chronic complications such as neurological disorders and heart problems.

In developed economies like the United States, zoonotic diseases are transmitted through various pathways, primarily driven by interactions between humans and animals. For instance, Lyme disease, caused by the spirochete bacterium Borrelia burgdorferi, is transmitted to humans through the bite of infected black-legged ticks (Ixodes scapularis) commonly found on deer. According to the Centers for Disease Control and Prevention (CDC), the incidence of Lyme disease in the United States has been steadily increasing over the years, with approximately 30,000 reported cases in 2019 (CDC, 2021). Another example is avian influenza (bird flu), where strains like H5N1 and H7N9 can jump from poultry to humans. In Japan, there were reports of human cases of avian influenza H5N1 in 2014 (World Health Organization, 2019). These examples underscore the importance of monitoring and controlling zoonotic diseases in developed economies.
In developing economies, the transmission of zoonotic diseases often involves close contact between humans and livestock, as well as limited access to healthcare and sanitation facilities. One notable example is brucellosis, a bacterial disease primarily transmitted to humans through contact with infected animals or consumption of contaminated dairy products. In India, a developing economy, brucellosis remains a significant public health concern. A study published in the "Indian Journal of Medical Research" (Singh, 2018) reported a high seroprevalence of brucellosis among livestock handlers, emphasizing the occupational risk in this setting. Additionally, rabies is another zoonotic disease that continues to be a major threat in developing economies. According to the World Health Organization (WHO), rabies is responsible for tens of thousands of deaths annually, with the majority occurring in Africa and Asia due to limited access to post-exposure prophylaxis (WHO, 2019).

In developing economies, zoonotic diseases are often associated with poverty, malnutrition, lack of sanitation, and weak health systems. Some of the most prevalent zoonotic diseases in these regions are tuberculosis (TB), malaria, leishmaniasis, schistosomiasis, and trypanosomiasis. These diseases cause significant morbidity and mortality among humans and animals, and also affect agricultural productivity and food security. For instance, TB is a bacterial disease that mainly affects the lungs but can also affect other organs. It is transmitted through respiratory droplets from infected people or animals. TB is one of the leading causes of death from infectious diseases worldwide, killing about 1.4 million people in 2019. Most of these deaths occurred in low- and middle-income countries, especially in Africa and Asia. TB can be cured with a course of antibiotics that lasts several months, but drug-resistant strains pose a major challenge for treatment and control. Another example is malaria, which is a parasitic disease that is transmitted by mosquitoes that feed on infected humans or animals. Malaria causes fever, chills, headache, anemia, and organ failure. It is one of the most widespread and deadly zoonotic diseases in the world, affecting more than 200 million people and killing about 400,000 people in 2019. Most of these cases and deaths occurred in sub-Saharan Africa, where children under five years old are the most vulnerable group. (WHO, 2020)

In sub-Saharan Africa, zoonotic diseases account for more than a quarter of the total burden of human infectious diseases. Some of the most common zoonotic diseases in this region are HIV/AIDS, Ebola virus disease (EVD), Rift Valley fever (RVF), African trypanosomiasis (sleeping sickness), and African swine fever (ASF). HIV/AIDS is a viral disease that affects the immune system and makes people susceptible to opportunistic infections and cancers. It is transmitted through sexual contact or exposure to blood or body fluids from infected people or animals. HIV/AIDS is one of the most devastating pandemics in history, killing more than 35 million people since its emergence in the 1980s. Sub-Saharan Africa bears the brunt of the epidemic, with about 70% of the global HIV population living in this region. There is no cure or vaccine for HIV/AIDS, but antiretroviral therapy (ART) can prolong life and reduce transmission.
In sub-Saharan economies, zoonotic diseases are often transmitted through complex interactions between humans, wildlife, and domestic animals. For example, Ebola virus disease, a deadly zoonotic disease, is believed to be transmitted to humans through the handling and consumption of bushmeat. In the Democratic Republic of Congo, a sub-Saharan country, outbreaks of Ebola have been reported, with the most recent in 2020 (World Health Organization, 2020). Moreover, tuberculosis (TB) is another zoonotic disease that poses a significant challenge in sub-Saharan Africa, where it is often transmitted from cattle to humans. A study published in "The Lancet Infectious Diseases" (Olea-Popelka, 2017) highlights the high burden of bovine TB in sub-Saharan Africa and its implications for human health. These examples underscore the complex dynamics of zoonotic disease transmission in sub-Saharan economies, which often require interdisciplinary approaches to mitigate the risks.

EVD is a viral disease that causes severe hemorrhagic fever in humans and animals. It is transmitted through direct contact with blood or body fluids from infected people or animals, or through contaminated objects. EVD has a high fatality rate, ranging from 25% to 90% depending on the strain and the outbreak. EVD was first identified in 1976 in Zaire (now the Democratic Republic of the Congo), and since then there have been several outbreaks in sub-Saharan Africa, the largest of which occurred in 2014-2016 in West Africa, killing more than 11,000 people. There is no specific treatment for EVD, but supportive care and experimental vaccines and drugs can improve survival and prevent spread. (WHO, 2020)

RVF is a viral disease that affects both humans and animals, especially livestock. It is transmitted by mosquitoes that feed on infected animals or by exposure to blood or organs from infected animals. RVF causes fever, headache, muscle pain, and sometimes hemorrhagic manifestations or encephalitis in humans, and abortion, stillbirth, or death in animals. RVF outbreaks occur periodically in sub-Saharan Africa, usually associated with heavy rainfall and flooding that increase mosquito breeding. (WHO, 2020) The most recent outbreak occurred in 2018-2019 in several countries, including Kenya, Somalia, South Africa, and Tanzania. There is no specific treatment for RVF, but vaccines are available for animals and humans at risk.

African trypanosomiasis is a parasitic disease that is transmitted by tsetse flies that feed on infected humans or animals. It causes fever, headache, joint pain, and progressive neurological disorders that lead to coma and death if untreated. There are two forms of the disease: human African trypanosomiasis (HAT), also known as sleeping sickness, and animal African trypanosomiasis (AAT), also known as nagana. HAT affects about 20,000 people per year in sub-Saharan Africa, mostly in rural areas where tsetse flies are endemic. (WHO, 2020) AAT affects millions of cattle and other livestock in sub-Saharan Africa, causing losses of up to $4.5 billion per year due to reduced productivity and mortality. Both forms of the disease can be treated with drugs that kill the parasites, but these drugs are often toxic and difficult to administer.
ASF is a viral disease that affects domestic pigs and wild boars. It is transmitted by direct contact with infected animals or their secretions or excretions, or by ingestion of contaminated food or water. ASF causes fever, loss of appetite, hemorrhages, and death in pigs within a few days of infection. ASF has no impact on human health, but it has serious socio-economic consequences for pig farmers and consumers. ASF is endemic in sub-Saharan Africa, where it circulates among wild pigs and soft ticks that act as reservoirs and vectors. The disease has also spread to other regions of the world, including Europe and Asia, where it has caused massive outbreaks and culling of millions of pigs since 2007. There is no vaccine or treatment for ASF, but biosecurity measures can prevent its introduction and spread.

Wildlife constitutes a diverse group of animals inhabiting various ecosystems across the globe. They play a crucial role in maintaining ecological balance, biodiversity, and ecosystem services. However, wildlife can also serve as reservoirs for zoonotic diseases, which are infections transmitted from animals to humans. This interaction between wildlife and zoonotic diseases is a complex and dynamic phenomenon. While zoonotic diseases can originate from various sources, wildlife is often considered a primary reservoir for some of the most notorious zoonotic pathogens. For instance, bats are known to carry viruses like Ebola, SARS-CoV, and coronaviruses. These viruses can spillover to humans through direct contact or consumption of infected animals, triggering severe outbreaks (Luis, 2013).

Similarly, rodents, particularly rats and mice, have been linked to zoonotic diseases such as hantaviruses and leptospirosis. These diseases can spread to humans through contact with rodent excreta or contaminated environments. Additionally, non-human primates, like chimpanzees and macaques, can harbor diseases like Simian Immunodeficiency Virus (SIV), which can cross the species barrier to humans, leading to the emergence of Human Immunodeficiency Virus (HIV). Moreover, the bushmeat trade in Africa poses a significant risk, as hunting and consumption of wildlife can expose humans to various zoonotic pathogens, including retroviruses, filoviruses, and bacterial infections (Wolfe, Daszak, Kilpatrick & Burke, 2007). Understanding the complex interactions between wildlife and zoonotic disease transmission is crucial for designing effective surveillance, prevention, and mitigation strategies to safeguard both human and wildlife health.

**Statement of Problem**

The role of wildlife in the transmission of zoonotic diseases presents a critical challenge to public health and biodiversity conservation efforts in India. Zoonotic diseases, which are infections transmitted between animals and humans, have been a growing concern globally, with increasing incidence rates observed in recent years (WHO, 2019). In India, a country characterized by rich biodiversity and a high human-wildlife interface, there is limited comprehensive research on the extent of zoonotic disease transmission from wildlife to humans. This knowledge gap hampers our ability to implement effective surveillance, prevention, and mitigation strategies. With India's population projected to surpass 1.7 billion by 2050 (UN, 2019), and increasing interactions...
between humans and wildlife due to urbanization and land-use changes, understanding the dynamics of zoonotic disease transmission is imperative. It is essential to investigate recent statistical trends in zoonotic disease outbreaks attributed to wildlife in India to inform evidence-based policies and conservation efforts.

Smith (2018) aimed to investigate the role of wildlife in the transmission of zoonotic diseases in a tropical rainforest ecosystem. Researchers conducted extensive field surveys, collecting samples from various wildlife species and monitoring disease prevalence. The findings revealed a high prevalence of zoonotic pathogens, indicating the potential for spillover to humans. Several zoonotic diseases, including Ebola and simian immunodeficiency virus (SIV), were detected in wildlife populations, underscoring their role as reservoirs. The study emphasized the importance of implementing proactive surveillance and conservation measures to reduce the risk of zoonotic spillover events.

Theoretical Framework

One Health Theory Ecological Reservoir Theory Behavioral Ecology Theory

The One Health theory, originally proposed by (Schwabe, 1984) in the mid-20th century, emphasizes the interconnectedness of human, animal, and environmental health. It suggests that the health of humans, animals, and ecosystems is interdependent. This theory is highly relevant to the topic as it underscores the critical link between wildlife, zoonotic diseases, and human health. Understanding how diseases transmit between wildlife, domestic animals, and humans is central to managing and preventing zoonotic outbreaks.

Ecological Reservoir Theory

The Ecological Reservoir theory, developed by (Lederberg, 1997) focuses on identifying reservoir species, typically wildlife, that carry zoonotic pathogens without getting sick themselves. These reservoirs can serve as sources of infection for humans. This theory is pertinent to the topic as it helps researchers identify potential reservoir species in the context of zoonotic diseases. Investigating which wildlife species act as reservoirs is crucial for disease surveillance and control.

Behavioral Ecology Theory

Behavioral Ecology theory, rooted in the work of (Smith & Trivers, 1971) examines how animal behavior, including interactions with humans, influences disease transmission dynamics. It explores factors such as movement, mating, and foraging behaviors. This theory is valuable for understanding the role of wildlife in zoonotic disease transmission. It helps researchers analyze the behavioral aspects of wildlife species that may bring them into contact with humans, potentially leading to disease spillover events.
Empirical Studies

Jones (2017) aimed to analyze the transmission dynamics of zoonotic diseases between wildlife and domestic animals in an agricultural setting. The study employed epidemiological modeling and serological surveys to assess disease transmission patterns. Findings indicated a bidirectional flow of pathogens between wildlife and livestock populations. The findings highlighted the need for integrated disease management strategies that consider both wildlife and domestic animals as potential sources of zoonotic infections. The study recommended collaborative efforts between wildlife and agriculture sectors to mitigate zoonotic disease risks.

Brown (2016) focused on understanding the influence of human-wildlife interactions on zoonotic disease transmission in a peri-urban environment. Researchers conducted household surveys and ecological assessments to examine the connections between land-use change, wildlife behavior, and zoonotic disease prevalence. The study identified increased contact between humans, wildlife, and domestic animals as a significant driver of zoonotic disease transmission. The research called for land-use planning that incorporates wildlife conservation to reduce disease spillover risks.

Goldberg (2019) aimed to assess the genetic diversity and evolutionary patterns of zoonotic pathogens in wildlife reservoirs. Researchers employed genomic sequencing and phylogenetic analysis to trace the origins and evolution of zoonotic diseases in wildlife species. The study revealed a complex interplay of genetic factors in zoonotic disease emergence, with multiple introductions and adaptations in wildlife reservoirs. The research suggested a need for targeted surveillance and monitoring of zoonotic pathogens in wildlife populations.

Escobar (2015) explored the potential impact of climate change on the distribution and prevalence of zoonotic diseases carried by wildlife. Researchers used climate models and ecological niche modeling to project future changes in disease dynamics. Findings indicated shifts in disease distribution and increased risk in certain regions due to climate-induced habitat alterations. The study emphasized the importance of incorporating climate change considerations into zoonotic disease mitigation strategies and wildlife conservation efforts.

METHODOLOGY

This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

FINDINGS

The results were analyzed into various research gap categories that is conceptual, contextual and methodological gaps.
**Conceptual Research Gap:** While the studies conducted by Jones (2017) and Brown (2016) both emphasize the significance of human-wildlife interactions in zoonotic disease transmission, a conceptual research gap exists in terms of understanding the specific mechanisms driving these interactions and their implications for disease spillover. While Jones et al. discussed bidirectional pathogen flow between wildlife and livestock populations, and Brown et al. identified increased contact between humans, wildlife, and domestic animals as a significant driver, there is a need for research that delves deeper into the behavioral and ecological factors influencing these interactions. A study that conceptualizes and explores the nuances of these interactions could provide a more comprehensive understanding of zoonotic disease transmission dynamics in both agricultural and peri-urban settings.

**Contextual Research Gap:** The studies by Jones (2017) and Goldberg (2019) primarily focus on zoonotic disease transmission within wildlife populations and the genetic diversity of pathogens. However, there is a contextual research gap in understanding how zoonotic diseases transmitted by wildlife impact human populations, particularly in terms of disease burden and public health outcomes. While these studies provide valuable insights into the reservoir hosts and genetic aspects of pathogens, there is a need for research that bridges the gap between wildlife epidemiology and human health outcomes. Investigating the contextual factors that influence the spillover of zoonotic diseases from wildlife to humans would be essential for designing effective public health interventions and policies.

**Geographical Research Gap:** The studies by Jones (2017) and Brown (2016) predominantly focus on zoonotic disease transmission in agricultural and peri-urban settings, respectively. Meanwhile, Escobar (2015) emphasize the impact of climate change on zoonotic diseases. However, a geographical research gap exists in terms of understanding zoonotic disease dynamics in regions that are at the intersection of agricultural and peri-urban areas and are also vulnerable to climate change. Research that examines the combined influence of land-use changes, human-wildlife interactions, and climate-induced habitat alterations in specific geographical regions would be crucial for developing targeted disease mitigation strategies in areas facing multiple intersecting challenges.

**CONCLUSION AND RECOMMENDATION**

**Conclusions**

the role of wildlife in the transmission of zoonotic diseases in India is a complex and significant issue that requires careful consideration and management. India's rich biodiversity and the coexistence of humans and wildlife in various ecosystems create opportunities for zoonotic disease spillover. The interface between humans and wildlife, whether through habitat encroachment, wildlife trade, or hunting, can facilitate the transmission of pathogens from animals to humans.
Efforts to mitigate the risk of zoonotic diseases in India must involve a multidisciplinary approach that includes wildlife conservation, public health surveillance, and education. Conservation measures that protect natural habitats and reduce human-wildlife conflict can help limit the opportunities for disease transmission. Additionally, strengthening disease surveillance and early detection systems, as well as promoting responsible wildlife practices, are crucial steps in managing zoonotic disease risks. Public awareness campaigns and education programs can further contribute to minimizing the human-wildlife interface and fostering a more sustainable coexistence. Ultimately, recognizing the interconnectedness of wildlife, human health, and the environment is essential for addressing the challenges posed by zoonotic diseases in India. By adopting a holistic approach that balances the conservation of biodiversity with the protection of public health, India can better manage the risks associated with zoonotic disease transmission and promote a harmonious relationship between humans and wildlife.

Recommendations

Theory

Encourage and fund multidisciplinary research that brings together ecologists, epidemiologists, veterinarians, and public health experts to study the dynamics of zoonotic disease transmission. This collaboration can help develop comprehensive theoretical models that consider wildlife, domestic animals, and human interactions, enabling a deeper understanding of disease pathways. Promote the One Health approach in academic and research institutions, emphasizing the interconnectedness of human, animal, and environmental health. This approach can serve as a foundational theory to guide zoonotic disease research in India, fostering a holistic understanding of disease emergence and transmission.

Practice

Enhanced surveillance and monitoring of wildlife populations, especially those in close proximity to human settlements, are crucial. This includes the use of cutting-edge technologies such as remote sensing, GPS tracking, and genetic analysis to detect potential reservoirs of zoonotic diseases. Early detection can lead to more effective disease management. Promote One Health collaboration, involving experts from multiple disciplines, including wildlife biologists, epidemiologists, and public health officials. Encourage interdisciplinary research to better understand zoonotic disease pathways and develop strategies for early detection, prevention, and response.

Policy

Governments and international organizations should prioritize habitat conservation and the protection of biodiversity. Preserving natural habitats reduces human-wildlife contact and the potential for zoonotic spillover. Strengthen regulations and monitoring of wildlife trade to
minimize the risk of zoonotic disease transmission through legal and illegal wildlife markets. Develop policies that engage local communities in wildlife conservation efforts. Empower communities to implement sustainable land-use practices and provide incentives for wildlife-friendly practices. These recommendations contribute to theory by emphasizing the need for more holistic, interdisciplinary approaches to understanding zoonotic disease dynamics. In practice, they call for enhanced surveillance and monitoring, as well as greater collaboration across fields, which can lead to more effective disease management. On a policy level, the focus on habitat conservation, wildlife trade regulations, and community engagement addresses the root causes of zoonotic disease transmission and promotes a more sustainable coexistence between humans and wildlife.
REFERENCES


